

We're Killing the Earth! By Nicole Spiteri

A lot of people pollute. Most do not know the consequences, and some don't even know they are responsible for these actions. Pollution is bad and we all know it, but why is pollution bad? Today I will be talking about two types of pollution, air and sound pollution, both of which can be damaging to you and your body.

Air pollution is when the air surrounding us gets contaminated by any harmful substance, for example, exhaust from a car or train. If exposed to polluted air for too long, it can lead to lung and heart problems which can be fatal. In fact, around 7 million people die from inhaling polluted air. The most common cause of air pollution is by construction. When people build, they cut bricks, which produces a lot of dust.

On the topic of construction, it also uses lots of machinery which makes a lot of noise. Loud noises can damage the ear and lead to deafness. It can also affect your memory and concentration in school which is not good! This is not fatal but can have a significant effect on your life. Noise pollution occurs when the sounds around you increase over 65 decibels. Machinery is the main problem that causes noise pollution.

A good example of this would be the construction that is happening inside of our school, during school hours. The drills are constantly on and making lots of noise which is disrupting the students' focus in their classes. The dust from the rocks is also very problematic because of all the students (and teachers) that inhale this polluted air because they are in the yard or because it comes in from the open windows.

Is there a way we can prevent these types of pollution from happening? Yes, there is! The best thing we can do to help air pollution is by biking or walking to school which will reduce the carbon dioxide levels in the air. On the other hand, to reduce sound pollution, refrain from using speakers which can be hurtful, not only to you, but to others too.

Overall, I think we should be very careful about these types of pollution and of course, the other types of pollution too which are just as important as the ones I have mentioned now. If you see anyone polluting the Earth and you know it is bad, don't be afraid to stop them, and tell them what they are doing wrong. Raise awareness! Remember that if we don't kill pollution, it will kill us!

References:

https://www.who.int/health-topics/air-pollution#tab=tab_1

<https://www.iberdrola.com/sustainability/what-is-noise-pollution-causes-effects-solutions#:~:text=What%20is%20noise%20pollution%3F,is%20painful%20above%20120%20dB.>